

The Quiet Weight of Wealth: A Self-Assessment for Women Managing Significant Wealth

This short reflection is designed to help you privately assess how managing wealth feels right now.

There are no right or wrong answers. The goal is awareness, not judgment.

1. I worry about making a financial decision that could negatively affect my family.
2. I feel pressure to get things exactly right because the stakes feel high.
3. I hesitate to make changes, even when I sense something could be improved.
4. I manage my wealth largely on my own.
5. I feel confident, but also tired of carrying the responsibility.
6. I avoid discussing my finances with friends or peers.
7. I would welcome a trusted partner to share the responsibility of decision-making.

Reflection: Notice which statements resonated most strongly. Many women find that acknowledging the emotional side of wealth management is the first step toward greater clarity and ease.

